INSTRUCTIONS TO COMPLETE OHIO'S CONCUSSION TRAINING FOR YOUTH COACHES

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Online Concussion Management Training

Per ORC 3707 52 as enacted by <u>Ohio HB 143 of the 129th General Assembly</u>. ODH is required to post free training programs that train coaches and referees in recognizing the signs and symptoms of concussions and head injuries.

The three following free online trainings have been approved by ODH for coaches and referees. 1. National Federation of State High School Associations Concussion in Sports - What you Need to Know:

http://nfhslearn.com/courses

This free on-line course is available through the NFHS. You will need to click the "order here" button and complete a brief registration form to take the course. Follow these steps to complete the course:

Click on the button that says, "please login to order." In the window that appears, click "Register Now".

- When your registration is complete you may "order" the free concussion course offered along the left hand side of the page. Continue following prompts. Although it may look like you'll be charged for the course, there is no cost.
 Once you have completed "checkout," you'll be able to take the free online course.
 When you have completed and passed the course, you have the option of printing a certificate of completion.

2. National Alliance for Youth Sports (NAYS) Concussion Training:

http://www.nays.org/additional-training/preview/concussion-training.cfm

This free online course is available to all coaches and parents. To register, pass the course and obtain a certificate of completion you will need to follow these ster

- 1. Click the "Sign Up" button and complete the brief registration form to create a free account.
 2. From your account you will want to select the "Go to clinic" link to begin.
 3. On the overview page you will need to select the "*i* want a certificate for this training" button to satisfy the Ohio law and obtain a certificate of completion.
 4. Answer all of the exam questions for each section. When complete, an "Access Your Certificate" link will appear under the More Resources tab for easy printability of your certificate.

Existing NYSCA coaches and PAYS parents can also add concussion training for free to their existing account

3. Centers for Disease Control and Prevention (CDC) Heads Up Concussion in Youth Sports Training:

http://www.cdc.gov/concussion/HeadsUp/online_training.html

Secure https://nfhslearn.com/courses



Filter Courses Reset	Courses	Search for Courses	Q
Recommended For	ROSWELL	AACCA Spirit Safety Certification	

Go to: http://www.healthy.ohio.gov/concussion.aspx

Click on the Ohio Concussion Management Training Link

You have 3 options; please use the National Federation of State High School Associations (it is easier to find your certificate if it gets lost).

If you have already done the training and need a copy of your certificate sign in. If this is your first time, Register for an account.



Enter your information and click next.



Select Myself and click Continue.

Courses for myself			
Course	State	Item Total	
Concussion in Sports	AA Armed Forces of Am	\$0.00 ×	
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NFHS Secure Checkout 1 2 Review Order Billing Information Order Summary Edit Your Order Courses for Myself Courses for Myself \$0.00 State Course Price Courses for Distribution \$0.00 AA \$0.00 Concussion in Sports \$0.00 Other Items Subtotal : \$0.00 Total: \$0.00 Total: \$0.00 es, except for Continue

Click on Checkout

Check the box that you have read the refund policy.

Click Continue

